



# South Burnaby Garden Club

March 2016

## NEWSLETTER

**Our next meeting will be:**

**Tuesday March 1, 2016**

**Bonsor Community Centre**

**6550 Bonsor Avenue- 2nd floor**



It's sunny this morning Woo Hoo and I see many spring flowers either opening up or with leaves and stems ready to start blooming.

It's definitely time to start thinking about what we will put into our gardens and yards this year. So to get us motivated, our speaker for March is Ron Kwok from Amsterdam Greenhouses. He will fill us in on what's new for 2016.

At the same time, I'd like to get you thinking about having a garden tour of your yard. We've talked many times about having spring tours because some of the showiest flowers are the spring ones. So consider having us come to your yard this year, particularly if you've never done so before. We love to visit new yards, and they certainly don't need to be magazine perfect. We really just want to have a chance to meet and visit while seeing something new. Let me know if you want to put your yard on a tour.

See you all at our March meeting.

Lucette



### **CLUB AGENDA**

**7:30 - 8:00 PM - Club Business**

**8:00 - 9:00 PM -Guest Speaker**

**9:00 - 9:20 PM -Show Bench**



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## A Dahlia Wedding

Last summer I grew some very special dahlias. These weren't for competition, but were a special gift for a bride to be. Natalie (the daughter of Jennifer and Richard Zuk) wanted as many dahlias as she could muster from gardens of friends and family for a riot of colour for her wedding to Ryan. And the wedding was planned for late September, at the height of dahlia season.

I planted extra dahlias in purple and orange with an eye to blooms that would be sturdy and make good cut flowers. In the orange and gold tones I chose Camano Buz and Blyton Softer Gleam. In the purple tones I picked Mary's Jomanda, Chimacum Troy and Glenplace. In addition I planted an extra Crazy 4 Jessie as it is an eye-catching blend. Although most of the blooms were smaller varieties, I did take a few of the large or 'dinnerplate' dahlias for the reception area.

As many of you know, I am experienced in transporting a crate or two of dahlias for the showbench or the fall fair, but I have never tackled cutting that many flowers and transporting them to the Okanagan. I started by putting down the back seats in my SUV, and setting up the back as a large tarped carrying surface. I then took 9 milk crates, (3x3) and put a large bucket in each and tied them all together with Bungee cords. I prefilled each bucket with water, and had the vehicle ready to go.





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I started out in the community garden, before sunrise with a headlamp to light my way. It took almost 2 hours to cut and fill the buckets. Everything that was mature or slightly immature was picked, crooked stems and all. I am usually so picky cutting just the “winners”, but for this special day I was going for quantity, not necessarily show quality. By the time I was finished, I had over 200 blooms ready to go.

I quickly picked my friend up and we started on our way. Luckily I have heated seats in the front of the car, as I kept the air conditioning on for the flowers and it would have been a pretty chilly ride otherwise.

Each time we stopped for a quick bite to eat or a bathroom break I would open up the back of the SUV to keep the vehicle cool, and people’s heads would turn as they walked by. Before long we were in Kelowna, and I was able to add my contribution to those from the Zuk’s garden as well as some purchased roses and greenery.

We were able to make 10 table centres, 2 large head table arrangements, 6 bouquets and several boutonnieres and corsages with blooms left over. Jennifer ran the florist show, with several volunteers sorting and arranging the blooms to her exacting standards.

I have never transported so many blooms so far, but it was worth it to see Natalie’s face as she carefully chose each bloom for her bouquet.

Betty Girard





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## Superfood Salad With Honeyed Pumpkin Seeds

(2 Servings)

- 2 beet roots
- 2 carrots
- 2 apples
- 200 ml Greek yogurt
- 2 sprigs dill - chopped
- 2 sprigs of mint
- 1 tsp brown sugar
- Juice of 1 small lemon
- 3 Tbs pumpkin seeds
- 1 tsp honey Seasoning

### Method

Grate beetroots, carrots and apples and place on a platter. Squeeze 1/2 lemon juice over the apple as it browns quite quickly. You can also mix the apple into the beetroots to colour it pink and prevent the browning.

Mix the yoghurt with the sugar, 1/2 lemon juice, dill and seasoning. In a small pan add the honey and pumpkin seeds. Cook on a low heat for about 2-3 minutes until the honey starts to bubble and the pumpkin seeds are toasted.

Lay out flat onto greaseproof paper. It will dry in a minute or 2 and become like praline. Dollop the yoghurt over the top of the salad. Peel off the praline and place all over the top. Chop the mint finely and sprinkle over the salad to finish it off.

Note: Serve immediately as the apple starts to go brown.

<http://www.food24.com/Recipes-and-Menus/Easy-Weekday-Meals/Superfood-salad-with-honeyed-pumpkin-seeds-20140901>



## In The Kitchen

### Co-Captains

Margaret Matovich & Shirley Bailey

### Kitchen Helpers

Volunteers needed

### Goodies

Rose Jorgenson Mills

Sofia Porcellato

Helen Moysiuk

Lorna Gross





# South Burnaby Garden Club

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## SBGC Has An Advertising Coordinator

We would like to thank John Chepil for stepping up as our advertising coordinator.

## March 19-20 at Mandeville

If you are able to do a shift please let us know. We will have a table again at Mandeville to try to encourage others to join our club. Here's how our table looked last year at VanDusen.



## Free To A Good Home

If you could use 20 pint sealers please contact Virginia Rutherford to arrange for pick up.

FREE FOR THE TAKING a palm tree. Contact Rose Joregenson Mills via email at [grandmarose@shaw.ca](mailto:grandmarose@shaw.ca) or call 604-437-7606.



# South Burnaby Garden Club

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## Show Bench Schedule

### Decorative:

1. Happy St. Patrick's Day - An all Foliage exhibit with accessories
2. Awakenings - An exhibit using spring flowers
3. Small is Beautiful - A petite arrangement between 4" wide and 9" high

### Show Bench:

4. 3 blooms Crocus
5. 3 cuts Primrose
6. 3 blooms Narcissus (Daffodils)
7. 3 blooms Pansies or Violas
8. 1 branch flower shrub
9. 1 branch flowering vine
10. 1 branch flowering tree
11. 1 vase Heather CVA
12. 1 potted plant - foliage only
13. 1 potted plant - in bloom
14. 1 African Violet - single crown
15. 1 African Violet - trailing multi crown
16. 1 Streptocarpus
17. Anything not listed above





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## Sunshine



No Cards were sent for  
February.

## It's Membership Renewal Time

Membership expires on March 31/16.  
Membership forms are available at  
meetings or on our website.

Dues are \$17 for a single member or \$20  
for a family. Cheques should be made out  
to "South Burnaby Garden Club".

## Next Steering Committee Meeting

Lucette is chair  
Tuesday March 15  
at 5234 Rumble  
(office in back of Raj Chouhan's office)

Members are welcome to attend Steering  
Committee meetings as observers.

If you would like to attend please email  
the Committee at: [sbgcinfo@telus.net](mailto:sbgcinfo@telus.net)

## BC COUNCIL OF GARDEN CLUBS AGM Meeting

**Date:** Saturday, March 12, 2016

**Place:** Firefighter Banquet and  
Conference Hall

6515 Bonsor Ave., Burnaby BC

### Early Bird Registration

(before March 5, 2016) \$35.00 per person

Register online at

<http://2016-bccgc-agm.eventbrite.ca>

**For more information on the AGM, please**

**go to the website at:**

[www.bc.gardenclubs.com](http://www.bc.gardenclubs.com)



Deadline for April Newsletter is

March 23, 2016



# South Burnaby Garden Club

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## 2016 Calendar

### March 1

SBGC meeting

Rotating Chair: Lucette Wesley

### April 5

SBGC meeting

Rotating Chair: Lucette Wesley

### May 3

SBGC meeting

Rotating Chair: Judy Vander

### June 7

SBGC meeting

Rotating Chair: Judy Vander

### July 5

SBGC meeting

Rotating Chair: Leanna Hawkins

### August 2

SBGC meeting

Rotating Chair: Leanna Hawkins

### September 10 & 11

Fall Fair

Rotating Chair: Dan Oldroyd

### October 4

Potluck

Rotating Chair: Dan Oldroyd

### November 1

SBGC meeting election & Photo Garden Tour

Rotating chair: Betty Girard

### December 6

Christmas Dinner

Rotating Chair: Betty Girard

## 2016 Steering Committee

### March Rotating Chair:

Lucette Wesley

### Treasurer:

Elizabeth Beer

### Secretary:

Betty Girard

### Newsletter Editor:

Leanna Hawkins

### Speaker Convener:

Lucette Wesley

### Director At Large:

Judy Vander

### Bonsor Liaison:

Syl Davis

### Sunshine:

Pat Humphrey

### Fall Fair Co-Chairs:

Dan Oldroyd & Daphne Sinclair